



The TransPower Project's Coachella Valley Resource Guide for Transgender & Nonbinary Individuals



Welcome to the Resource Guide!

Data shows that about 7,000 transgender and nonbinary individuals reside in the Coachella Valley. However, access to safe and affirming services have proven to be difficult. We hope that this guide helps to provide information around needed resources for yourself, clients, and loved ones. Please do not hesitate to reach out to us if you cannot find what you are looking for in this guide.

- The QueerWorks Team

www.queerworks.org

QueerWorks

QueerWorks, a 501c(3) organization with headquarters in the Coachella Valley, is working towards our mission to ameliorate disparities faced by members of the LGBTQ+ community in Southern California. We are especially focused on those who are homeless, impoverished and in need of access to mental health and medical services.

QueerWorks was founded and is lead by Jacob Rostovsky, MA, LMFT. Jacob is a therapist and an out transgender man who's personal experiences facing rejection and discrimination in healthcare inspired the creation of the organization.

Our board is lead by Elisha Kaskiw, MHA, who is an out and proud Transgender Woman, and our staff is 100% LGBTQ+ identified.

OUR VISION

Our vision is to demolish barriers preventing access to affirmative mental health services for the LGBTQ+ community by way of program development, training and connection to existing services.

Common disparities include homelessness, joblessness, mental health and medical challenges, higher rates of suicide, and higher rates of poverty.

Causes of these disparities include discrimination in housing, employment and healthcare, risk of community violence, family rejection, stigma and religious rejection.

THE TRANSPower PROJECT

The TransPower Project is a program within QueerWorks that will help eliminate increased rates of homelessness and unstable housing in the transgender and nonbinary community across Riverside County.

Our goal is to connect clients to needed services, such as mental health, medical health, job opportunities and housing.

As of July 1st, 2021, we have been able to link 39 individuals to mental health services and housing.



Mental Health and Case Management (Free or Low Cost)

1. **The TransPower Project**
Free Mental Health Sessions, Connections to Psychiatry, Letter Writing
www.transpowerproject.com
2. **TruEvolution**
Individual and Group Therapy, Letter Writing, Crisis Intervention
www.truevolution.org/behavioral-health
3. **PFLAG Palm Springs**
Family and Friends Support Groups, Ally Training, Mental Health Support
www.pspflag.org
4. **The Trans Life Line**
Crisis Support
www.translifeline.org

Medical Health Services (Accepts Medi-Cal)

1. **Planned Parenthood Riverside**
HRT, Gender Affirmation Surgery, Primary Care, Gynecological Care, Family Planning
www.plannedparenthood.org
2. **Eisenhower Health**
HRT, Primary Care, HIV Care
www.eisenhowerhealth.org/health-services/other-health-services/lgbt-community-support
3. **Kaiser Permanente - Gender Pathways Program**
HRT, Gender Affirmation Surgery, Primary Care, Fertility Preservation
thrive.kaiserpermanente.org/care-near-you/southern-california/transgender
4. **Borrego Health**
Primary Care, HIV Care, HRT
www.borregohealth.org/transgender-health
5. **Riverside University Health System**
Primary Care, HRT, Surgical Care
<https://www.ruhealth.org/>



Other Care

1. **The Center**
Community Health, Food Bank, Mental Health Services, COVID-19 Relief
www.thecenterps.org
2. **DAP Health**
Mental Health Services, Legal Services, Social Groups, Housing Services, Mental Health Care
www.daphealth.org
3. **Los Angeles LGBTQ+ Center**
Medical Care, Mental Health Services, Legal Services, HIV Care, Housing Services
www.lalgbtcenter.org

Youth and Families

1. **Sanctuary**
LGBTQIA+ Transitional Housing
www.sanctuarypalmsprings.org
2. **Rainbow Pride Alliance**
School Advocacy
www.rainbowprideyouthalliance.org
3. **SafeHouse of the Desert**
Housing Assistance, Transitional Housing
www.safehouseofthedesert.com

Legal & Housing

1. **Transgender Law Center**
Document Change Assistance, Employee Rights, Legal Assistance
www.transgenderlawcenter.org
2. **Martha's Village and Kitchen**
Shelters, Showers, Food Security
www.marthasvillage.org
3. **Coachella Valley Rescue Mission**
Shelters, Showers, Food Security
www.cvrmm.org



Substance Treatment

1. **Michael's House**
In-Patient, Out-Patient, Intensive Out-Patient, Takes Insurance
www.michaelshouse.com
2. **Palm Spring's Recovery Center**
In-Patient, Takes Insurance
www.palmdesertrecoverycenter.com
3. **AA In The Desert**
Alcoholic's Anonymous
www.aainthedesert.org

Misc

1. **Trans Can Work**
Employment Opportunities
www.transcanwork.org
2. **Safe School's Coalition**
School Advocacy
www.safeschoolsdc.org